

## Healthcare in Cascade



**Cascade is proud to have its own Medical Center. The Cascade Medical Center is a well-equipped Clinic and 24×7 Hospital.**

### **Provided Services:**

- Emergency Department – Open 24×7.
- Rural Emergency Hospital, ready to provide overnight observation care.
- Physical Therapy – Open 8:00am – 5:30pm weekdays, our physical therapists provide a full range of services. We also conduct aqua therapy in the warm water therapy pool at the Cascade Rec Center. The department also has a location in Donnelly open Tuesdays, Thursdays, and Saturdays.
- Family Practice Clinic – open Monday through Friday 8:30am – 5:30pm, with a second location in Donnelly open every day.
- Mental Health Counseling – open Wednesday through Saturday, 8:00am – 6:00pm.
- Walk-in Clinic – open Monday through Friday 8:30am – 5:30pm, and in Donnelly 7 days per week, 8am-6pm.

Cascade Medical Center is a Rural Emergency Hospital providing primary, preventive and emergency health care services. Our Family Practice takes care of everyone in the family, from new-born to Centenarians. Our mix of physicians, Nurse Practitioners and physician assistants, and male and female providers allows you to select the provider who is just the right fit for you.

Mental Health: CMC proudly offers behavioral health care. The counseling program provides diagnostic and treatment services that are goal-oriented, and provide an opportunity to engage in counseling that is individualized and designed around the client's strengths, needs and preferences.

Women's Health: Our mission is to promote optimal women's health. We partner with our patients to ensure that they receive the recommended screening exams throughout their lives in accordance with the National Women's Health Information Center. We provide education and support for women in making healthy choices and promote an empowering vision of a women's ability to positively affect her life.

Cascade Medical Center operates its own lab and radiology departments. On-site, we have X-Ray, CT, and Ultrasound scanners. Gem State Radiologists promptly read all exams.

Equipped with a helipad, Cascade Medical Center can quickly evacuate critically ill or injured patients to one of the region's major medical centers.

Cascade Medical Center runs on the Epic medical records system, which allows our patients to access their own records on MyChart, just as they do with care they may receive at the other regional hospitals.

For more information, go to the medical center's website, [www.cmchd.org](http://www.cmchd.org)